

# My Destiny Coaching

*Sarah  
Plouffe*

*Parent and Life Master Coach*



**WEBSITE:**

*[MyDestinyCoaching.com](http://MyDestinyCoaching.com)*

## EXPERIENCE

- 25 years of experience in self-development and coaching
- Trained by world level coaches Tony Robbins and Brody Lee
- Consistent and Impactful client results
- Conferences and public speaking engagements in schools at the elementary and secondary levels.
- Offers teacher training and self-development tools for children.
- Executive experience, influencing top industry leaders, managing multi-disciplinary teams and multi-billion dollar projects.

## CREDENTIALS

- Certified Master Life and parenting coach
- Bachelor's degree in special adaptive learning/education
- Master's degree in Education
- Mother of 3 wonderful children

## TESTIMONIALS

*"My Destiny Coaching services have helped me establish my confidence as a parent and build back the relationship with my children."*

*"I am most grateful to Sarah from Destiny Coaching for guiding me at every step as I learned to reconnect with myself after a devastating divorce."*

*"Thank you Sarah Plouffe for helping me set and attain goals that I would never have achieved by myself, your guidance and techniques have given me my confidence back! X10!!"*